Humans seem hard-wired to emphasize offensive gains—both in investing and sports. Basketball games are remembered by fast-break slam dunks, not the steals that create them. Investing is no different. Bull markets command attention causing investors to focus more on the gains in their portfolios, and less on the portfolio’s ability to protect, in the event of a market drawdown.

Investors often forget the understated—but crucial—role protection from market drawdowns plays in determining long-term outcomes. Yet the ability to pare back losses during the inevitable downturns that come with investing, actually matters more to the end goal than eking out every bit of a bull market’s gains.

As 2020 has shown so far, the importance of mitigating loss is worth remembering. This article details why goal-oriented investors should place more emphasis on playing defense and minimizing drawdowns to their portfolio.

**A Long Way Down, an Even Longer Crawl Back**

Bear markets are unavoidable for anyone investing over the long haul. How a portfolio weathered those downturns has a critical impact on the investor’s end destination. This is because steep market drops create large holes from which to dig out. As the loss grows, so too does the return needed just to get back to the original, pre-downturn starting point. Consider the math: A loss of 10% requires just an 11% gain to recover, while a 50% loss requires a 100% gain to recover and a 60% loss requires an even more daunting 150% gain to simply return to even.

The chart on the next page demonstrates how important it is to limit drawdowns, and shows that minimizing loss may be more important than fully participating in the market’s gains.

The blue line represents the performance of the S&P 500 Index. It shows where a portfolio would end if it participated in 100% of the market’s gains, but also took full part in its losses.
The orange line represents a portfolio that participated in 60% of the S&P 500’s gains, but experienced only 40% of the S&P 500’s downside during market declines. Over time, investors would be much closer to reaching their investment goals with the more defensive approach.

**Recovery Time Matters for Most Investors**

Recovering from a drawdown is even more daunting when one considers the time it takes to get back to the starting line after a large loss. The chart below shows the time to recover after a 20% market drop under different performance scenarios. For young investors just starting out, the time to recovery is perhaps less concerning. Not so for their older counterparts, however. Older, and even middle-aged investors, must carefully consider drawdown risk to avoid large losses as they near retirement.

**No Time to Lose**

Investors may not have time to rebound from significant losses.
Large Drawdowns Have Psychological Impacts

As the first chart shows, minimizing drawdowns has a bigger effect on long-term returns than capturing all the market’s upside. The chart doesn’t account for investor behavior after large losses, however. That behavior may amplify the drawdown’s impact.

Large losses can scare investors and push them to the sidelines at precisely the wrong time, causing them to miss the market’s rebound. If losses are less severe, it can keep the investor on track with their allocation to equities that is needed to meet their long-term goals.

Long/Short Equity Strategies Help Play Better Defense

Investors can make their portfolios more defensive by adding strategies that experience smaller drawdowns during severe downturns. Long/short equity strategies may offer a unique way to achieve that goal, because they help minimize drawdown but still allow clients to participate in equity markets’ upside. By going long, the strategies gain ground when markets rise but, as the chart below shows, historically long/short equity strategies had experienced much smaller losses in bear markets than a typical long-only strategy.

Managing the Downside

Source: Morningstar. Data from 01/01/98 to 01/01/17.

Conclusion

In an offensively-minded world, the importance of a good defense is easy to overlook. But strategies that minimize drawdown play an important role within all client portfolios. Lesser drawdowns mean an easier and quicker recovery after down markets—potentially leaving your clients in a better position to compound returns when things bounce back. Minimizing drawdowns can also discourage some of the behavioral mistakes often associated with bear markets, such as running to the sidelines and missing an equity market rebound.

As your clients near retirement, they will be unlikely to remember their portfolios’ performance during a bear market while they’re enjoying the post-game celebration. However, you can be confident knowing the unsung heroes played their part when it was needed most.
Investing involves risk including possible loss of principal and short selling strategies due to their technical nature involve additional risks. There is no guarantee that utilizing short sales will produce the desired results or protect against a drawdown. The potential loss from a short sale is theoretically unlimited since the appreciation of the underlying asset also is theoretically unlimited. Short sales may also limit upside potential and requires technical skill and good judgement in timing.

The S&P 500® Index is a commonly recognized, market capitalization weighted index of 500 widely held equity securities, designed to measure broad U.S. equity performance.

The MSCI World Index is a free float adjusted market capitalization weighted index that is designed to measure the equity market performance of developed markets. The index includes reinvestments of dividends, net of foreign withholding taxes.

The Credit Suisse Long/Short Equity Hedge Fund Index which is a subset of the Credit Suisse Hedge Fund Index that measures the aggregate performance of dedicated short bias funds.

Indexes are unmanaged and it is not possibly to invest in them directly.

Standard Deviation is a statistical measurement of performance fluctuations. Generally, the higher the standard deviation, the greater the expected volatility of returns. Drawdown is the peak-to-trough decline during a specific record period of an investment, fund or commodity. A drawdown is usually quoted as the percentage between the peak and the trough.

The views expressed are those of the author at the time created. These views are subject to change at any time based on market and other conditions, and 361 Capital disclaims any responsibility to update such views. No forecasts can be guaranteed. These views may not be relied upon as investment advice or as an indication of trading intent on behalf of any 361 Capital portfolio.

This 361 Capital article is not intended to provide investment advice. This paper should not be construed as an offer to sell, a solicitation of an offer to buy, or a recommendation for any security by 361 Capital or any third-party. You are solely responsible for determining whether any investment, investment strategy, security or related transaction is appropriate for you based on your personal investment objectives, financial circumstances and risk tolerance. You should consult your legal or tax professional regarding your specific situation.

December 2019